## WHAT IS CLAIMED IS:

- 1. A toothbrush comprising:
- (a) a toothbrush head attached to, or integrally formed with, an elongated handle, a direction of elongation of said handle being referred to as an axis; and
- (b) a plurality of brush elements associated with said toothbrush head, each of said brush elements including at least one tuft of bristles, a dimension of each of said brush elements parallel to said axis being no more than about 5 mm,

wherein each of said brush elements assumes a released state projecting substantially upright from said toothbrush head, and wherein each of said brush elements is associated with a motion delineating configuration which defines a preferred direction of deflection of at least part of said brush element, said preferred direction of deflection being substantially perpendicular to a bristle extension direction and at an angle of between about 15° and about 75° to said axis.

- 2. The toothbrush of claim 1, wherein said dimension of each of said brush elements parallel to said axis is no more than about 3 mm.
- 3. The toothbrush of claim 1, wherein each of said brush elements includes exactly one tuft of bristles.

- 4. The toothbrush of claim 1, wherein said preferred direction of deflection is at an angle of between about 30° and about 60° to said axis.
- 5. The toothbrush of claim 1, wherein said preferred direction of deflection is at an angle of between about 40° and about 50° to said axis.
- 6. The toothbrush of claim 1, wherein said motion delineating configuration includes a flexible shaft portion of each of said brush elements, said shaft portion being constructed so as to exhibit a preferred direction of flexing corresponding to said preferred direction of deflection.
- 7. The toothbrush of claim 6, wherein said flexible shaft portion has a cross-sectional shape with a major dimension and a minor dimension, said minor dimension being no more than two thirds of said major dimension so as to define said preferred direction of flexing.
- 8. The toothbrush of claim 1, wherein said motion delineating configuration includes a hinge arrangement defining an arcuate path of at least part of said brush element.
- 9. The toothbrush of claim 8, wherein said hinge arrangement includes a hinge formed as part of said brush element.

- 10. The toothbrush of claim 8, wherein said hinge arrangement includes a hinge formed between said brush element and said toothbrush head.
- 11. The toothbrush of claim 8, wherein said hinge arrangement includes a substantially cylindrical pin element inserted into a complementary socket.
- 12. The toothbrush of claim 1, wherein said motion delineating configuration includes an elongated slot associated with said toothbrush head for limiting movement of said brush element to a predefined direction.
- 13. The toothbrush of claim 1, wherein said motion delineating configuration includes an elongated slot formed in said toothbrush head within which said brush element is slidably mounted.
- 14. The toothbrush of claim 1, wherein said motion delineating configuration includes a resilient element deployed to bias said brush element to return to said released state.